



3K Walk For Better Health  
Sponsored By  
Montgomery County Alumnae Chapter  
Delta Sigma Theta Sorority, Inc



*"Soaring to New Heights: United in Sisterhood, Committed to Service"*

## HEALTHY LIFESTYLES 3K WALK

Saturday, November 7, 2009  
8:00 A.M. to 10:00 A.M.

Hosted by

**Montgomery County (MD) Alumnae Chapter**

Delta Sigma Theta Sorority, Inc.

[www.mcacdst.org](http://www.mcacdst.org)

Partnership with Aunt Hattie's Place



[www.aunthattie.org](http://www.aunthattie.org)

### LOCATION: RAIN OR SHINE

Bohrer Park – Park Pavilion

506 S. Frederick Ave. Gaithersburg, MD 20877.

\*Civil War Trail adjacent to the Activity Center

### REGISTRATION:

Please contact Ms. Sharon Jackson by phone at (301) 938-2347 or e-mail at [fundraising@mcacdst.org](mailto:fundraising@mcacdst.org)

Adults	\$20.00
Youth (6-14)	\$12.00
Children (under 6)	FREE

*Please note: On-site registration will be offered from 8:00 -8:15 am on Walk Day at the registration table. The on-site registration fee is the same as listed above.*